My Childs Baseline

DOB _____ First name _____

PHN: _____ Last Name _____

BASELINE OVERVIEW

Primary diagnosis: _____

Seizure type(s): _____

Usual level of alertness: _____

Feeding method: _____

Respiratory support (if any): _____

Note:

THIS IS DIFFERENT FOR MY CHILD

Normal breathing looks like: _____

_____

Work of breathing (normal for my child):_____

_____

eg: "Frequent gagging is typical"

CONTACTS

Parent/Guardian(s):

Backup Contact:

Primary Medical Team:

Note:

BREATHING & OXYGEN

BASELINE OVERVIEW

Normal breathing looks like:

Work of breathing (normal for my child):

OXYGEN / SATURATION

Typical oxygen range:

Oxygen support (if used):

What is normal for my child (even if outside typical range):

NEUROLOGICAL BASELINE

ALERTNESS & AWARENESS

Normal alertness:

Response to voice/touch:

MOVEMENT & TONE

Typical movement:

Muscle tone (normal for my child):

SEIZURE BASELINE

TYPICAL SEIZURE PATTERN

Seizure type(s):

What they look like:

Typical duration:

Typical recovery:

ASSOCIATED CHANGES

Breathing during seizures:

Color changes:

FEEDING & GI

FEEDING BASELINE

Feeding method:

Feeding tolerance:

Usual intake:

ASSOCIATED CHANGES

Baseline vomiting/retching (if any):

What is typical vs concerning:

VITALS

SLEEP PATTERNS

Typical sleep schedule: _____

Night-time concerns: _____

What is normal for my child: _____

Note:

HEART RATE / TEMPERATURE

Typical heart rate range: _____

Typical temperature baseline: _____

Note:

MONITORING AT HOME

Devices used: _____

_____

What readings are normal for my child:_____

_____

Note:

IMPORTANT

CONTACTS

Parent/Guardian(s):

Backup Contact:

Primary Medical Team:

WHEN THIS IS NOT BASELINE

- Breathing that is different from usual
- Oxygen outside typical range for this child
- Seizures that are longer, stronger, or different
- Changes in alertness or responsiveness
- Feeding intolerance beyond normal pattern
- Anything that feels different from baseline

This tool is intended to support caregiver communication and preparedness. It does not replace medical advice, diagnosis, or emergency care. Follow guidance from your child's medical team.